



FFC FAMILY
COUNSELING
CENTER
OF MISSOURI, INC.

Annual Report 2007

commitment

improvement

empowerment

Our Mission...

To improve the quality of life for individuals, families and communities by helping people to make positive changes in their lives and empowering them to make healthy and effective choices. We strive to do this by providing professional therapy, treatment, community support and educational services in a physically and psychologically safe environment which enhances self-esteem.

We are committed to the principle that all persons who need treatment should receive high quality services, regardless of ability to pay.

Letter from the President of the Board

For the last 36 years, the Family Counseling Center of Missouri has remained steadfastly committed to providing quality mental health and substance abuse treatment services for all mid-Missourians in need, regardless of their abilities to pay. An estimated one in four adults suffer from a diagnosable mental disorder¹ and an estimated 22.6 million persons were classified with substance dependence or abuse in the last year². We are proud to help these people by encouraging them to make positive changes in their lives and empower them to make healthy choices.

Our work has undoubtedly paid off in many wonderful ways. The benefits are numerous, including improved health of affected individuals and their families and reduced health-related expenses. We have seen reduced crime rates, increased employment, increased abilities to further education, decreased drug-addicted and affected babies, and decreased alcohol and drug-related traffic accidents. More than 90 percent of the people we have served report that their quality of life and ability to function has improved. Our work in mental health and substance abuse treatment has also made an impact in a very meaningful way – helping families stay together. The services of Family Counseling Center of Missouri have helped reinforce happier, healthier families and communities.

While the benefits of our work are plentiful and we are so excited about our successes and growth, we as a community still face many great challenges to treating those with mental health and substance abuse issues. The waiting list for these services is still very long, and we have a constant need for funding, supplies and volunteers to continue treating individuals in need. We at Family Counseling Center are truly grateful for the outpouring of support we have received from the community, but we ask you to keep in mind the importance of helping those in need and urge you to continue giving in any way you can.



Lili Vianello
President, Board of Directors

1. National Institute of Mental Health
2. U.S. Department of Health and Human Services

Future Plans

Daybreak is currently located in an old house in dire need of repair and expansion to adequately accommodate the services provided. We are currently looking at options to relocate the program to a newer facility that would meet these needs while remaining cost effective.

The need for residential services and the 16-bed Medicaid limit significantly delays entry into treatment for many women and children. Our agency is interested in exploring options to develop transitional housing where women can reside while attending day treatment services at McCambridge.

In June 2008, FCC will expand its annual fundraiser to include both men and women. Proceeds from the Tee Up for Families Golf Tournament will benefit the men, women, and children of all of Family Counseling Center of Missouri, Inc. programs.

In August 2008 McCambridge Center will celebrate its 30-year anniversary of treating women for substance abuse. An open house will be held to commemorate 30 years of treating women.

Highlights of 2007

Awarded a 3-year \$282,653 grant for improved services to clients with co-occurring disorders at Cedar Ridge from the Missouri Foundation for Health.

Purchased a complete medical records and data management system from Anasazi Software to replace the old system developed in house thirteen years ago.

Netted more than \$18,000 at the Fourth Annual McCambridge Golf Tournament.

Awarded a 3-year certification from the Missouri Department of Mental Health. The department issues 3-year certifications to agencies found to be delivering safe, high quality services to consumers.

Received a 2-year Basic Support Grant of \$100,000 from the Missouri Foundation for Health to be used to assist in the purchase of Anasazi Software.

Became the primary provider for women's substance abuse treatment for Boone County's Re-integration Court Program.

Partnered with Columbia Metro Rotary and netted more than \$5,000 at the "Light Up the Night" dinner and auction fundraiser.

Benefited from a Collegiate Leadership service project, "Adopt-a-Room," resulting in extensive repainting and redecorating of client rooms at McCambridge Center.

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Board of Directors

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Visionworks Marketing & Communications

Vice President
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The Bank of Missouri

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Michele Kennett
Attorney

Mary Kennish
Columbia College

Barbie Lindner
Premier Bank

Liz Magee
Attorney

Pamela Marquis
Graduate Student in Social Work

David Townsend
Farmers National Title Insurance Company

Staffing

Family Counseling Center employs more than 100 individuals in its 10 locations. Here is our Lead Staff:

Allen Tacker, Ph.D.
Executive Director

Karen Cade, B.E.S.
Associate Director

Ellen Dugger, B.A.
Operations Director

Susan Schopflin, MSW, LCSW
*Director of Quality Improvement
and Marketing*

Ted Solomon, M.A., LPC
Outpatient Program Director

Beth Berhorst, M.Ed., LPC
McCambridge Center Program Director

David Veanes, B.A., CSACII
Cedar Ridge Program Director

Greg Boyt, M.A., LPC
Daybreak Program Director

Linda Frost, B.A.
Prevention Program Director

Cedar Ridge Treatment Center

Cedar Ridge Treatment Center, located in Missouri's northern Ozarks, provides assessment, social setting detox and residential treatment for men with alcohol and other drug dependency problems. Through its outpatient programs, the center provides a warm atmosphere where men and women can develop new skills and learn healthy living habits.

Daybreak Treatment Center

Daybreak Treatment Center for co-occurring disorders provides treatment services for individuals living with a chronic mental illness and substance abuse. Services include respite care, individual, group and family therapy; nursing services; case management; a therapeutic milieu; twelve step meetings and medication management. Programs are individualized in length and intensity to meet the needs of the client.

McCambridge Center

McCambridge Center helps chemically-dependent women face their disease and develop healthy approaches to life. McCambridge Center offers women and their children residential and outpatient treatment; individual, family and group counseling; case management; education and child care. Clients address their individual needs with help from highly trained professionals.

Outpatient Clinics

Family Counseling Center's Outpatient clinics offer a wide range of services for individuals and families. Services include individual, group and family counseling, referral service, assessment and evaluation, and education.

Prevention Resource Center

The Prevention Resource Center participates in the Community Initiative which was created by the Missouri Division of Alcohol and Drug Abuse as a grassroots approach to the crisis of substance abuse and its related problems in communities. The staff in the Prevention Resource Center work in 20 counties in mid-Missouri to empower communities to find solutions for substance abuse issues and develop prevention goals and action plans.

Financial Contributors

We would like to thank the following individuals, churches and institutions for their generous support of Family Counseling Center's work.

50 Minute Photo	Columbia Dentistry for Children	Gerding, Korte and Chitwood P.C.	KMIZ
Accurate Automotive	Columbia EDP Center, Inc.	Girl	Knight & Salladay, LLC
Addison's	Columbia Entertainment Company	Sarah Gonzalez	KPLA
Alarm Communication Center	Columbia Mall	Grace Covenant Church	KRCG
All Hours Lock and Key	Columbia Marketplace Magazine	Green Meadows Hair Salon	KT Diamond Jewelers
Anytime Fitness	Columbia Northwest Rotary	Grill One 5	L.A. Nickell Golf Course
Atkins	Commerce Bank	Groomingdales	Beth Lammers
Awareness Management	The Communication Center	Kee & Diana Groshong	Marc Lammy
Vicki & Frank Baker	Complete Custom Automotive	Gustin Golf Course	The Law Office of Liz Magee
The Bank of Missouri	Computer Medix	Hacienda Perdomo	Alice Leeper
Battery Outfitters	Countrywide Home Loans	Hail Ridge Golf Course	LGBTQA Community of Mid-Missouri
Lynda Baumgartner	Crockett Engineering Consultants, LLC	Hair Is	Barbie & Jose Lindner
Bella Salon	Crossroads Recovery Center	Hands Of Healing Touch	Larry Lippold
Sam Bennett	Steven & Cynthia Crull	Harley Davidson	Amy Loyd
Beth Berhorst	Culligan	Molly Harris	Dr. Shelley Lyle, DDS PC
L.C. Betz	Curves	Nancy Harrison	Marcia & Dave Machens
Big & Little, LLC	Anna D'Agostino	Susan Hart	Macy's
Gary & Linda Blackwood	Dave Griggs, Flooring America	Hazel Kinder's Lighthouse Theater	Margaret King's Daughters
Sue Bliss	Jeff Davis	Elizabeth & Lance Hellman	Marketplace Magazine
Boone County Community Trust	Jennifer Deaver	Tom Henderson	Pamela Marquis
Boone County National Bank	Lou & Jan Degginger	Renee Hoagenson	Dela Marshall
Boone Hospital Center	Laura Deneke	George & Jolene Hodge	Mary Kay Cosmetics
Boone Imaging Center	Dr. John Despain	Holiday Inn Select	MBS Textbook Exchange
Boulevard Bank	Julie Ditmars	Kathern Hong	McAdam's
Doyle & Ruthie Braddum	Diversified Management	Hooters	McDonald's® Restaurants
Brake Printing	Edward & Teresa Dobson	Patricia Hostetler	McMillen Tax Service
Buchroeder's	Downtown Alterations	Hotel DeVille	Madge & Cesar Mello
Buntin's Pharmacy	D'Rowes	Huebert Builders	Merchants and Farmers Bank
Burgers' Hams	Drury Inn	Hy-Vee	Toni Messina
Dan & Sharon Burgess	Art Dyer	Image Technologies of Missouri	Cyndy Meyer
Butterfly Tattoo	Eagle Knoll	International Golf Discount	Michele Kennett Law Offices
Karen Cade	Dr. Gary Eaton	Isle of Capri Casinos	Mid-Missouri Electric, Inc.
Calhoun's	Ed Ailor Photography	Jack's Gourmet Restaurant And Lounge	MidwayUSA
Calvary Episcopal	Edible Arrangements	Jazz	Mike Kehoe
Virna Camacho	Tina & Glen Ehrhardt	Stephen & Gloria Jeanis	Jean Miller
Greg Campbell	Embroid Me	Jean's Beauty Salon	The Miller Family Foundation
Campus Lutheran Church	Dan & Linda Esser	Jewelry By Natures Design	David & Lisa Mink
Candy Bouquet	The Estate Planning Center, LLC	Joe Machens Ford Lincoln Mercury	Missouri Beef Industry Council, Inc
Candy Factory	Farmers National Title Insurance	Joe Machen's Toyota-BMW-Scion	Missouri Employers Mutual
Robert & Betty Carlson	Ken Fattman, MD	Johnson Photography	Missouri Symphony Society
Christine Carpenter	First National Bank	David & Susan Jones	Sharon & Bill Mitchell
CASE	First Presbyterian Church Flat Branch	Kasmann Insurance Agency, Inc.	C.D. Morris
The Center Project	Jack & Debi Fleming	Will Kazanski	Mortgage Resources in the Midwest
Central Bank of Missouri	Forum 8 Theaters	KC Chiefs	MoX
CentralPro Painters	Four Paws Grooming	Keeping Good Company	MU Athletics
CenturyTel	Frameworks Gifts and Interiors	KeLani Salon Spa	MU School of Health Professions
Chapel Hill Mortgage	Pam Franta	Dan & Chris Kellar	Patrick Murphy
Chris McD's Restaurant and Wine Bar	Gaines Car Detailing	John Keller	Murry's
The Clip Joint	Rita Geer	Chris Kellogg	My RX
Coliseum Bistro/Stumpy Joe Pete's	General Growth Properties	Linda & August Kelly	Brad Nelson
Collegiate Leadership Class 2007		Mary Kennish	New York Life
Columbia Car Wash		Kilgore's Medical Pharmacy	Newman Center
Columbia College			Don Nickodim
Columbia Computer Center			Norman-Robert Communications
Columbia Daily Tribune			

Oak Forest Properties
 Tom O'Connor
 Paddy Malone's Irish Pub
 Mark Palmer
 Pamela Franta Consulting
 Pascucci Trust
 Pepperidge Farms
 Ken Pesce
 Eric & Barb Peterson
 Pet's Pride
 Amber Phelps
 Phoenix Mercury
 Phoenix Suns
 Adam Plevyak
 ProDental
 Purple Tree Technologies
 Quaker Oats
 Tammy Ralston
 Redwood Toxicology
 Regions Bank
 Renaissance Salon & Spa
 James & Susan Reynolds
 Rogers, Ehrhardt,
 & Weber, LLC

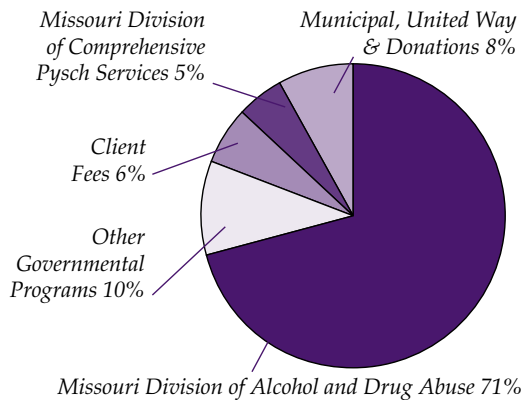
Rolling Hills Veterinary
 Hospital
 Roly Poly
 Tom Rose
 Joy Rushing
 Salon Adair & Spa
 Satin Stitches
 School of Social Work
 Pam Schopflin
 Susan & John Schopflin
 Monica Senecal
 Shiloh Bar & Grill
 John Shrum
 Phillip & Jackie Shumard
 Skin Rx
 Slackers
 Abe & Stephanie Smith
 Smith Suzuki
 Sophia's
 Martin Spilker
 SportsClips
 State Farm
 Staybridge Suites
 Robert & Marlene Stearns

Stephens College
 Stoney Creek Inn
 Truman & Arlyn Storvick
 The Strand
 Strawberry Hill Farms
 Summerfield Garden,
 Landscaping & Gifts
 Sundvold Financial
 Jason Swindle
 Anthony & Nancy Taube
 Top Ten Wines
 David & Kerry Townsend
 Tryathletics
 Tucker's Fine Jewelry
 U. S. Cleaners
 Unilever
 Unity Center of Columbia
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Jeff & Sharon Viles
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 Visionworks Marketing &
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 Trish & Jerry Waldman
 Walt's Bicycle
 Darcy Wells
 White Night Limousine
 Richard Wilkerson
 Joe Willard
 Williams Keepers Financial
 Services LLC
 Wilson's Total Fitness Center
 Hung Winn
 John & Myra Wolf
 Tonya Wolff
 Woodcrest Chapel
 Woodruff Sweitzer
 YouZeum
 Donald Zimmer
 Zulu Nyla Lodge

Financial and Services Information for 2007

Income: \$3,862,740

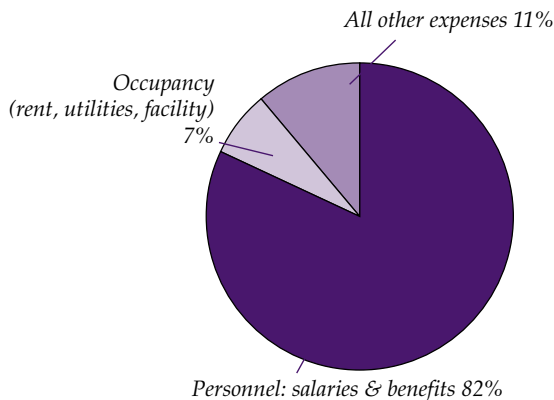


Number Served:
4386

Select Percentages:

Female clients	40 %
Non-white	22 %
Drug and alcohol clients	74 %
Mental health clients	26 %
Under 18	13 %
Referred by self or family	37 %
Referred by criminal justice system	50 %

Expenses: \$3,824,444



FCC

FAMILY COUNSELING CENTER

OF MISSOURI, INC.

Administrative Office
117 N. Garth
Columbia, MO 65203
573/443.2204
573/875.6607 fax
info@fccmo.org

*Family Counseling
Center of Missouri, Inc.
is an equal opportunity
employer; accepting cli-
ents without regard to
race, creed, color, sexual
orientation, national
origin, age, gender,
handicap, veteran status
or financial resources.*

Boonville Outpatient Clinic
413 East Spring
Boonville, MO 65233
660/882.6400
660/882.7137 fax

California Outpatient Clinic
California Public Library
573/634.4591
573/634.4792 fax

**Cedar Ridge Treatment
Center**
1091 Midway Drive
Linn Creek, MO 65052
573/346.6758
573/346.0621 fax

**Columbia Outpatient
Clinic**
117 N. Garth
Columbia, MO 65203
573/449.2581
573/449.2583 fax

Daybreak Treatment Center
303 N. 10th Street
Columbia, MO 65203
573/875.8808
573/875.8089 fax

Fayette Outpatient Clinic
600 W. Morrison
Fayette, MO 65248
660/248.3313
660/248.3313 fax

Fulton Outpatient Clinic
2625 Fairway Drive
Fulton, MO 65251
573/642.3239
573/642.4851 fax

**Jefferson City Outpatient
Clinic**
204 Metro Drive
Jefferson City, MO 65109
573/634.4591
573/634.4792 fax

**Loose Creek Outpatient
Clinic**
3286 B. Hwy 50
Loose Creek, MO 65054
573/634.4591
573/634.4792 fax

McCambridge Center
201 N. Garth
Columbia, MO 65203
573/449.3953
573/874.3189 fax

**Prevention Resource
Center**
117 N. Garth
Columbia, MO 65203
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573/875.6607 fax

Some services at FCC are funded by the

*Missouri Department
of Mental Health*



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visionworks
marketing & communications